COUPLES & FAMILY THERAPY (CFT)

CFT 5010  Foundational Methods in Couples and Family Therapy (3 Credits)
The course is designed to help students develop basic couple, marriage, and family skills and techniques. The course expands on the couple and family therapy models presented in CO 5670. Training activities include diagnosis, assessment, case conceptualizations, case presentations, technique demonstration and application, digital recording of skill application, and case analysis. Required course for MS in Couples and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department.

CFT 5020  Current Issues in Couples and Family Therapy (3 Credits)
This course covers current issues, emerging trends, and research in the field of marriage and family therapy. It explores the contemporary family and couple across cultural contexts. Lastly, the course reviews interventions utilized within contemporary relational issues, pathology, and behaviors. Required course for MS in Couples and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department.

CFT 5030  Foundations and Ethics in Couples and Family Therapy (3 Credits)
The course examines the foundational ethical, legal, professional identity, cultural competency and professional issues in couples and family therapy. It emphasizes the importance of self-awareness and its relationship to effective couples and family therapy. This course will review foundational concepts of systemic theory and their application to the professional identity of marriage and family therapists. Required course for MS in Couples and Family Therapy. Professor permission required for students not matriculated into the counselor education and school psychology department.

CFT 5040  Human Sexuality (3 Credits)
Examines the place of sexuality in human life including development, cultural, psychological, biological, relational, and spiritual factors. Pays special attention to the issues of gender, intimacy and sexual functioning from a psychotherapeutic perspective; also focuses on diagnosing and treating sexual dysfunction and examining the role of sexuality in relationships. Prerequisite or Corequisite(s): CFT 5030 or CO 5010.

CFT 5900  Seminar and Internship in Couples and Family Therapy (1-9 Credits)
A 600-900 hour couples and family therapy experience under supervision of an AAMFT Approved Supervisor and conducted in a mental health setting. Students must complete at least 300 hours of face-to-face client contact hours with individuals, couples, and families for the purpose of assessment, diagnosis, and treatment. At least 150 of the aforementioned hours must be completed with couples and families. Students must attend an on-campus seminar with fellow student interns that provide an opportunity for case presentation and professional development. This course is designed to be the culminating experience in the MS in Couples and Family Therapy program. Students must provide evidence of liability insurance. Professor permission required for students not matriculated into the counselor education and school psychology department.