

# PHYSICAL AND HEALTH EDUCATION (PEHE)

## PEHE 2000 Wellness Choices for Healthy Living (3)

This course examines factors that positively impact health and lifelong quality of life. The dimensions of wellness, the determinants of health and the choices that impact health and well-being will be addressed. Discussion of ways to improve and sustain health and well-being through physical activity, positive nutrition, stress management, mindfulness practices, healthy relationships and eco-friendly living will be discussed. Springs, Falls, Summers, Winterims. (WECO)

## PEHE 2415 Introduction to Physical Education & Health Instruction (3)

Designed to examine the foundations of education and teaching as a profession, including K-12 health and physical education. Topics include societal issues affecting education, pre-service teacher preparation, public legislation applicable to health and physical education, and the status of HE and PE in education. Introduces lesson planning and management techniques. Requires 10 hours of observation in the public schools. Springs. Prerequisite(s): Physical Education majors (all Teacher Certification options).

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## PEHE 3315 Curriculum Design and Implementation (2)

Curriculum theory and design of standards-based K-12 health and physical education curriculum is course emphasis. Examines national content standards, K-12 curriculum content, curriculum models, assessment, curriculum development and evaluation tools and issues relating to curriculum development in the public school. Springs.

Prerequisite(s): PE 2415 OR PEHE 2415

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## PEHE 4710 Internship in Teaching K-8 (6)

The culminating field-based experience for all programs leading to teacher certification. It is a continuous, full-time (5 days per week) experience of 6 credits during which, after a period of structured observations, students gradually assume responsibility for a full range of teaching activities encountered in a school situation, thereby demonstrating the appropriate professional skills and attitudes essential for successful teaching. The Internship in Teaching is conducted under the supervisory guidance of a Mentor Teacher and a University Supervisor. Required seminars complement the experience. Instructor permission required.

Prerequisite(s): Minimum grade of C in PE 4000, or minimum grade of C in PE 4040.

## PEHE 4720 Internship in Teaching, 6-12 (6)

The culminating field-based experience for all programs leading to teacher certification. It is a continuous, full-time (5 days per week) experience of 6 credits during which, after a period of structured observations, students gradually assume responsibility for a full range of teaching activities encountered in a school situation, thereby demonstrating the appropriate professional skills and attitudes essential for successful teaching. The Internship in Teaching is conducted under the supervisory guidance of a Mentor Teacher and a University Supervisor. Required seminars complement the experience. Springs and Falls. Instructor permission required.

Prerequisite(s): Minimum grade of C in PE 4040 and P in PE 4050; minimum 2.70 cumulative GPA; permission of the Coordinator of Internships and Field Experience.

Corequisite(s): PE 4815 or PEHE 4815.

## PEHE 4730 Internship in Teaching, K-12 (12)

The culminating field-based experience for all programs leading to teacher certification. It is a continuous, full-time (five days per week) experience of 12 credits during which, after a period of structured observations, candidates gradually assume responsibility for a full range of teaching activities encountered in a school situation, thereby demonstrating the appropriate professional skills and attitudes essential for successful teaching. Springs and Falls.

Prerequisite(s): Minimum grade of C in PE 4040 and P in PE 4050; minimum 2.70 cumulative GPA; permission of the Coordinator of Internships and Field Experience.

Corequisite(s): PE 4815 or PEHE 4815

## PEHE 4815 Teaching Seminar in Physical Education and Physical Education Health Education (1)

Examines the responsibilities and requisites of the professional health educator and physical educator. The NHTCAP is the central organizing unit for the course that aligns with NH 610 Standards for Beginning Teachers. The NHTCAP must be submitted via Taskstream. Co-requisites include (PE 4710 and PE 4720 or PE 4730) or (PEHE 4710 and PEHE 4720 or PEHE 4730) at the evaluation and approval of the instructor. Springs and Falls. Instructor permission required. Corequisite(s): (PE 4710 and PE 4720 or PE 4730) or (PEHE 4710 and PEHE 4720 or PEHE 4730). Corequisite(s): (PE 4710 and PE 4720 or PE 4730) or (PEHE 4710 and PEHE 4720 or PEHE 4730).