

# PUBLIC HEALTH (BS)

## Health and Human Enrichment

Public Health occupations work to promote and protect health where we live, learn, work and play. Courses build skills in health sciences, behavioral psychology, communication, planning, policy development and ethics. Students also have choices for a variety of enrichment areas.

Opportunities for Public Health careers are in both the public and private sectors. The Centers for Disease Control and Prevention (CDC), and the Association of Schools and Programs of Public Health (ASPH) have determined that public health workforce needs are increasing. The Bachelor's Degree in Public Health degree can lead to advanced degrees in Health Care Administration, Nursing, Medicine, Dentistry, Law and many other fields. The program blends easily with study abroad and with a variety of Minors.

## Degree Requirements

Course	Title	Credits
<b>Major Requirements</b>		
PBH 2000	Foundations of Public Health	4
PBH 2200	Assessment and Communication in Public Health (TECO)	4
PBH 3010	Epidemiology and Biostatistics for Public Health (QRCO)	4
PBH 3200	Social and Behavioral Health Psychology (INCO,INCP)	4
PBH 3400	Program Planning for Public Health (WRCO)	4
PBH 4000	Ethics, Social Justice, and Policy in Public Health	4
<b>Professional Capstone</b>		
Complete one course from the following:		4-12
PBH 4200	Guided Practice in Public Health (4 credits)	
PBH 4400	Internship/Field Experience (4 credits; can be taken 3 times for 12 credits)	
<b>Statistics Group</b>		
Complete one course from the following:		3-4
MA 2300	Statistics I (QRCO)	
PE 3565	Measurement and Assessment in Physical Education (QRCO,WRCO)	
SS 3705	Social Statistics (QRCO)	
<b>Diversity Enrichment</b>		
Complete one course from the following:		3-4
SO 2225	Foundations of Sociology (DICO)	
MGM 3450	Organizational Behavior & Team Development (DICO)	
IS 4360	Cultural Diversity and American Society (DICO,INCO,INCP)	
PO 2025	Public Administration (DICO)	
PY/CJ 3155	Society, Ethics, and the Law (DICO,INCO,INCP)	
PY 3370	Ethics and Communication (DICO,INCO,INCP)	
SO 3375	Sociology of Race and Ethnicity (DICO)	
<b>Social/Environmental</b>		
Complete two courses from the following:		6-8
AN 2100	Foundations of Anthropology (GACO)	
AN/SO 3130	Wealth and Poverty	

ESP 3550	Environment and Health (WECO)
SO 3065	Social Problems
SO 3385	Drugs and Society (INCO,INCP)
SO 3505	Illness, Wellness, and Healing (INCO,INCP,WECO)
SO 3605	Sustainability in Practice (WECO)
SW 3300	Mental Health and Society (GACO)
SW 3500	Health and Society (GACO,WECO)

## Health Enrichment

Complete 12 credits from AHS, EX, HE or NR; At least two courses from HE	12
General Education ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> )	
EN 1400	Composition 4
IS 1115	Tackling a Wicked Problem 4
CTDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#CTDI">https://coursecatalog.plymouth.edu/general-education/#CTDI</a> )	Creative Thought Direction 3-4
MA ( <a href="https://coursecatalog.plymouth.edu/general-education/#MATH">https://coursecatalog.plymouth.edu/general-education/#MATH</a> )	Mathematics Foundations 3-4
PPDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#PPDI">https://coursecatalog.plymouth.edu/general-education/#PPDI</a> )	Past and Present Direction 3-4
SIDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SIDI">https://coursecatalog.plymouth.edu/general-education/#SIDI</a> )	Scientific Inquiry Direction 3-4
SSDI ( <a href="https://coursecatalog.plymouth.edu/general-education/#SSDI">https://coursecatalog.plymouth.edu/general-education/#SSDI</a> )	Self and Society Direction 3-4
Directions (choose from CTDI, PPDI, SIDI, SSDI) ( <a href="https://coursecatalog.plymouth.edu/general-education/">https://coursecatalog.plymouth.edu/general-education/</a> )	3-4
Connections - if not completed above	
GACO ( <a href="https://coursecatalog.plymouth.edu/general-education/#GACO">https://coursecatalog.plymouth.edu/general-education/#GACO</a> )	Global Awareness Connection 0-4
<b>Electives</b> 4-26	
<b>Total Credits</b> 120	

## Recommended Course Sequence

Check all course descriptions for prerequisites before planning course schedule. Course sequence is suggested but not required.

To complete the bachelor's degree in 4 years, you must successfully complete a minimum of 15 credits each semester or have a plan to make up credits over the course of the 4 years. For example, if you take 14 credits one semester, you need to take 16 credits in another semester.

Credits completed must count toward your program requirements (major, option, minor, certificate, general education or free electives).

Course	Title	Credits
<b>Year One</b>		
<b>Fall</b>		
EN 1400	Composition	4
IS 1115	Tackling a Wicked Problem	4
PPDI	Past and Present Direction	3-4
SSDI	Self and Society Direction	3-4
<b>Credits</b>		<b>14-16</b>
<b>Spring</b>		
MA	Mathematics Foundations	3-4
CTDI	Creative Thought Direction	3-4
Elective		3-4
Elective		3-4
<b>Credits</b>		<b>12-16</b>
<b>Year Two</b>		
<b>Fall</b>		
PBH 2000	Foundations of Public Health	4
SIDI	Scientific Inquiry Direction	3-4
Enrichment Choice (HE or WECO)		3-4
Social or Environmental Choice		3-4
<b>Credits</b>		<b>13-16</b>
<b>Spring</b>		
PBH 2200	Assessment and Communication in Public Health (TECO)	4
SIDI	Scientific Inquiry Direction	3-4
Statistics Choice (QRCO)		3-4
Enrichment Choice (HE)		3-4
<b>Credits</b>		<b>13-16</b>
<b>Year Three</b>		
<b>Fall</b>		
PBH 3010	Epidemiology and Biostatistics for Public Health (QRCO)	4
PBH 3200	Social and Behavioral Health Psychology (INCO,INCP)	4
Social or Environmental Choice		3-4
Elective or Minor		3-4
<b>Credits</b>		<b>14-16</b>
<b>Spring</b>		
PBH 3400	Program Planning for Public Health (WRCO)	4
Enrichment Choice (HE)		3-4
Enrichment Choice (DICO)		3-4
Elective or Minor		3-4
<b>Credits</b>		<b>13-16</b>
<b>Year Four</b>		
<b>Fall</b>		
PBH 4000	Ethics, Social Justice, and Policy in Public Health	4
Enrichment Choice (HE)		3-4

Electives or Minor		9
<b>Credits</b>		<b>16-17</b>
<b>Spring</b>		
PBH 4200 or PBH 4400	Guided Practice in Public Health or Internship/Field Experience	4-12
Electives or Minor		1-9
<b>Credits</b>		<b>5-21</b>
<b>Total Credits</b>		<b>120</b>

#### Academic advising recommendations:

- Audit accumulated credits each semester to carefully to ensure reaching appropriate totals at each year end.
- Internship requires a 3.0 Major GPA. If a 12 credit internship is desired, credits should be front loaded to ensure that 12 credits will be adequate to graduate in Spring 4.
- For SIDI Series that support PH consider:
  - BIDI 1220 Biology Core Concepts: Ecology, Evolution and Behavior

& BIDI 1320 Biology Core Concepts: Cells, Genes, and Biotechnology

- BIDI 2010 Human Biology I & BIDI 2020 Human Biology II
- PSDI 2030 Mind, Brain and Evolution
- PSDI 2190 Quack Remedies, False Prophets and Unwarranted Claims
- GEDI 1200 Environmental Geography