GERONTOLOGY MINOR

Health and Human Enrichment

Gerontology is the study of the biological, psychological, and social dimensions of aging. In addition to examining biopsychosocial changes as people age, gerontologists examine the political, economic, and social implications of aging in society. The interdisciplinary minor in Gerontology gives students the opportunity to understand the aging process and develop an understanding of policies, programs, and social needs in an aging society.

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>Minor Requirements</td>
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<tr>
<td>SW 2200</td>
<td>Introduction to Social Work</td>
<td>4</td>
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<tr>
<td>PS 2015</td>
<td>Introduction to General Psychology</td>
<td>4</td>
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<tr>
<td>or PS 2055</td>
<td>Life-Span Developmental Psychology</td>
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<tr>
<td>PS 3565</td>
<td>Adulthood and Aging</td>
<td>4</td>
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<tr>
<td>or SW 3050</td>
<td>Perspectives on Aging (WECO)</td>
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<td>Select two of the following:</td>
<td>6-7</td>
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<tr>
<td>HE 3220</td>
<td>Applied Nutrition for Healthy Living (TECO)</td>
<td></td>
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<tr>
<td>PBH 3400</td>
<td>Program Planning for Public Health (WRCO)</td>
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<tr>
<td>SW 3500</td>
<td>Health and Society (GACO,WECO)</td>
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<td>Total Credits</td>
<td>18-19</td>
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Note: Psychology majors and Social Work majors can take no more than three credits in their discipline for this minor. Introduction to Social Work (SW 2200) meets this requirement for Social Work majors.