

GERONTOLOGY MINOR

Health and Human Enrichment

Gerontology is the study of the biological, psychological, and social dimensions of aging. In addition to examining biopsychosocial changes as people age, gerontologists examine the political, economic, and social implications of aging in society. The interdisciplinary minor in Gerontology gives students the opportunity to understand the aging process and develop an understanding of policies, programs, and social needs in an aging society.

Course	Title	Credits
Minor Requirements		
SW 2200	Introduction to Social Work	4
PS 2010	Introduction to General Psychology	3
or PS 2050	Life-Span Developmental Psychology	
PS 3560	Adulthood and Aging	3
or SW 3050	Perspectives on Aging (WECO)	
Select two of the following:		6
HE 3220	Applied Nutrition for Healthy Living (TECO)	
HE 3230	Promoting Health Across the Lifespan	
HE 3240	Health Promotion Planning and Evaluation (WRCO)	
SW 3500	Health and Society (GACO,WECO)	
Total Credits		16

Note: Psychology majors and Social Work majors can take no more than three credits in their discipline for this minor. Introduction to Social Work (SW 2200) meets this requirement for Social Work majors.